

October

K-12 BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> yogurt & granola orange juice available <p>2</p>	<ul style="list-style-type: none"> HOT buttermilk pancakes <p>3</p>	<ul style="list-style-type: none"> blueberry bagel & cream cheese pineapple juice available <p>4</p>	<ul style="list-style-type: none"> autumn spice muffin <p>5</p>	<ul style="list-style-type: none"> plain bagel & cream cheese orange juice available <p>6</p>
<ul style="list-style-type: none"> NO SCHOOL <p>9</p>	<ul style="list-style-type: none"> NO SCHOOL <p>10</p>	<ul style="list-style-type: none"> NO SCHOOL <p>11</p>	<ul style="list-style-type: none"> NO SCHOOL <p>12</p>	<ul style="list-style-type: none"> NO SCHOOL <p>13</p>
<ul style="list-style-type: none"> NO SCHOOL <p>16</p>	<ul style="list-style-type: none"> lemon muffin <p>17</p>	<ul style="list-style-type: none"> cinnamon crumbles pineapple juice available <p>18</p>	<ul style="list-style-type: none"> plain bagel & cream cheese <p>19</p>	<ul style="list-style-type: none"> french toast muffin orange juice available <p>20</p>
<ul style="list-style-type: none"> cinnamon "dipperdoodle" bar (DF) orange juice available <p>23</p>	<ul style="list-style-type: none"> blueberry muffin <p>24</p>	<ul style="list-style-type: none"> autumn spice muffin pineapple juice available <p>25</p>	<ul style="list-style-type: none"> HOT cinnamon toast bagel <p>26</p>	<ul style="list-style-type: none"> HOT buttermilk pancakes orange juice available <p>27</p>
<ul style="list-style-type: none"> cocoa critters cereal (DF) orange juice available <p>30</p>	<ul style="list-style-type: none"> cinnamon crumbles <p>31</p>			

what's new?

Did you know that we serve only rBST-free milk? Filled with calcium, vitamin D, and protein, milk is full of the good stuff you need to grow strong bodies and minds.

Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered three times per week.

This institution is an equal opportunity provider

